

FOR IMMEDIATE RELEASE:

**Delta, Colorado, April 17, 2020 – Delta County Daily Update**

**UPDATED Testing Information:**

Delta County Health Department is reporting 4 additional cases in Delta County, for a total of 19.

- Sixteen: Male, in his 40's, self-isolating at home.
- Seventeen: Female, in her 40's, self-isolating at home and is a close contact of the sixteenth case.
- Eighteen: Male, in his 50's, self-isolating at home.
- Nineteen: Female, in her 30's, self-isolating at home.

To date, 193 tests have been administered at Delta County Memorial Hospital. The results are 183 negative, 3 positive, and 7 pending; this information only pertains to testing that has been done at Delta County Memorial Hospital.

**State Updates:**

The State health department launched a pilot version of symptom tracker survey as part of statewide COVID-19 tracking. The symptom tracker will appear on the "[Do you have symptoms?](#)" webpage on the COVID-19 website. Data from the tracker will provide local public health agencies with data for their coverage area. This could help public health officials understand when outbreaks are occurring in given locations and, in some cases, follow up with certain individuals who may need additional support. Knowing about potential outbreaks more immediately can help inform decisions to take action at the local level. Delta County Residents are encouraged to call the Delta County Call Center at 970-874-2172 if they need assistance in filling out the symptom tracker; they are available Monday – Friday from 8:00 am – 5:00 pm.

**What to do if you're sick:**

- <https://covid19.colorado.gov/isolation-and-quarantine>
- Self-Isolate. If you develop a fever, cough or shortness of breath you may need to call your healthcare provider. Do not show up at a clinic, urgent care or the emergency department without calling ahead.
- Wear a mask and cover your cough or sneeze.
- Wash your hands frequently and don't share personal items (drinking glass or utensils) with others.
- If possible, sleep in a bedroom and use a bathroom that is not used by other household members.
- Getting rest and drinking plenty of fluids will likely be helpful for recovery.

**Protect yourself:**

- Stay at home: <https://covid19.colorado.gov/stay-home-except-essential-needs>
- Wear a mask when you leave your home or yard.
- Practice social distancing
  - Try to keep 6 feet between yourself and other people whenever possible, particularly when you or others are sick. No hugs, no handshakes.
  - Wash your hands regularly, especially before eating or touching your mouth and nose.
- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

**Delta County Resources:**

- [www.deltacounty.com/COVID-19](http://www.deltacounty.com/COVID-19)
- [deltahospital.org/getpage.php?ame=Novel\\_Coronavirus\\_%28COVID-19%29](http://deltahospital.org/getpage.php?ame=Novel_Coronavirus_%28COVID-19%29)
- <https://covid19.colorado.gov/>
- [cdc.gov/coronavirus/2019-ncov/index.html](https://cdc.gov/coronavirus/2019-ncov/index.html)